

# Dr. Mindy Dai Opens New Alternative Treatment Center in Burbank

By C.J. Franz  
Staff Writer

BURBANK – Alternative medicine specialist Dr. Mindy Dai, M.S.O.M., L.Ac., of Valley Acupuncture and Herb Center, is celebrating the opening of her new treatment center at 2031 W. Alameda Ave. in Burbank. “I finally have my own space, and I couldn’t be happier,” exclaims Dr. Dai. “The offices are beautiful and provide a peaceful, quiet environment for treating my patients.”

With offices on the second floor, the new center offers two private and spacious treatment rooms. “My clients are very pleased with my new location,” says Dr. Dai. “They like the street parking, convenient location and that the building is easy to find. It’s across the street from Disney Studios, one block from Saint Joseph’s hospital.”

Dr. Dai’s growing clientele can be attributed to her successful treatment of hundreds of patients using her knowledge of both Eastern and Western medicine.

“I respect Western medicine and use technology in my practice,” Dr. Dai says, “but I also empower my patients with lifestyle training, dietary knowledge and alternative treatments that allow them to be active participants in their own healing process.”

“My practice allows me to get to the source of the problem and administer direct treatment, as opposed to simply prescribing a



Dr. Mindy Dai in the lobby of her new Valley Acupuncture and Herb Center.



One of two new spacious and quiet treatment rooms.

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medication that may only mask symptoms,” explains Dr. Dai. “I then help them make dietary choices and lifestyle changes that will speed up the healing process. If they are open to alternative medicine [Chinese herbs], I may prescribe herbal patches for pain, an herbal combination to strengthen their immune system, or even a detoxification regimen.

“My goal,” says Dr. Dai, “is to not only pinpoint the source and causation of symptoms, but to give the patient’s body what it needs to heal itself.”

Dr. Dai offers alternative relief

and treatment for patients who suffer from chronic pain, migraine headaches, irritable bowel syndrome, allergies, menopausal symptoms, and fibromyalgia. She also offers treatment programs for patients who are seeking assistance with weight loss and/or smoking cessation.

Acupuncture is a safe and effective medical treatment that originated in China more than 2,000 years ago. In California, it is recognized as a primary health care profession. Dr. Dai also uses acupressure, Tui-Na massage, moxa, electrical stimulation, and

cupping in her practice.

Dr. Dai’s success rate with her patients is due to her extensive knowledge and accreditation in multiple disciplines. She obtained a MD and MMS in medical imaging in China, her master’s degree in science and oriental medicine in California, three years of post-doctoral training at USC, a MRI fellowship at Providence Saint Joseph Medical Center, and is a licensed acupuncturist and herb

practitioner.

Dr. Dai finds patients have better results when they take a more holistic approach to the healing process and play a more active role in their treatment and recovery.

Dr. Mindy Dai’s new treatment center is located at 2031 W. Alameda Ave., Suite 206, in Burbank. Call (818) 843-1558 or (818) 216-4887 to schedule a consultation.

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**Mindy Dai, M.S.O.M., LAc, MD (China)**

- California Licensed Acupuncturist • Herbalist
- MRI Fellowship at USC & St. Joseph Hospital
- Associate Professor & Radiologist in China
- Instructor at Universities of Oriental Medicine
- Over 20 years Chinese & Western Medicine
- Published in more than 30 Medical Research Publications



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